

DILLUNS

| HORA | TEMPS | ACTIVITAT | ESPAI |
|--------|-------|------------------|-----------|
| 07:15h | 45' | Bodypump | Activfont |
| 08:15h | 45' | GAC | Activfont |
| 09:30h | 55' | Bodypump | Activfont |
| 11:00h | 45' | AquaDolça | Aquafont |
| 11:00h | 45' | Virtual Bodypump | Activfont |
| 12:00h | 30' | Virtual Bodypump | Activfont |
| 13:45h | 45' | Funcional | Activfont |
| 15:30h | 45' | Bodypump | Activfont |
| 17:00h | 45' | Virtual Bodypump | Activfont |
| 18:30h | 45' | Tonificació | Activfont |
| 19:15h | 45' | Aqua-GAC | Aquafont |
| 19:30h | 45' | Funcional | Activfont |
| 19:30h | 45' | Spinning | Bikefont |
| 20:00h | 75' | Marxa Nòrdica | Exterior |
| 20:15h | 45' | Postural | Zenfont |
| 20:30h | 45' | Spinning | Bikefont |

DIMARTS

| HORA | TEMPS | ACTIVITAT | ESPAI |
|--------|-------|------------------|-----------|
| 07:15h | 45' | Spinning | Bikefont |
| 08:15h | 45' | T-Bow | Activfont |
| 09:30h | 45' | Postural | Activfont |
| 13:00h | 30' | Virtual Bodypump | Activfont |
| 13:45h | 45' | GAC | Activfont |
| 15:30h | 45' | Spinning | Bikefont |
| 17:30h | 30' | Virtual Bodypump | Activfont |
| 18:00h | 50' | Virtual Spinning | Bikefont |
| 18:45h | 20' | Hipopressius | Activfont |
| 19:30h | 60' | Hatha loga | Zenfont |
| 19:30h | 45' | Spinning | Bikefont |
| 19:45h | 45' | Poolbiking | Aquafont |
| 20:00h | 50' | Running | Exterior |
| 20:00h | 45' | Funcional | Activfont |
| 20:30h | 45' | Spinning | Bikefont |

DIMECRES

| HORA | TEMPS | ACTIVITAT | ESPAI |
|--------|-------|------------------|-----------|
| 07:15h | 45' | GAC | Activfont |
| 08:15h | 45' | Funcional | Activfont |
| 09:30h | 45' | Spinning | Bikefont |
| 10:30h | 45' | ActivSènior | Activfont |
| 11:00h | 45' | AquaDolça | Aquafont |
| 12:00h | 30' | Virtual Bodypump | Activfont |
| 13:45h | 55' | Bodypump | Activfont |
| 15:30h | 45' | GAC | Activfont |
| 19:00h | 45' | Virtual Spin | Bikefont |
| 19:15h | 45' | Aqua-To | Aquafont |
| 19:15h | 60' | Pilates | Activfont |
| 20:00h | 45' | Spinning | Bikefont |
| 20:00h | 75' | Marxa Nòrdica | Exterior |
| 20:15h | 30' | Funcional | Activfont |

DIJOUS

| HORA | TEMPS | ACTIVITAT | ESPAI |
|--------|-------|------------------|-----------|
| 08:15h | 45' | Virtual Bodypump | Activfont |
| 09:15h | 45' | Virtual Spin | Bikefont |
| 09:30h | 60' | Pilates | Activfont |
| 11:00h | 30' | Virtual Bodypump | Activfont |
| 11:00h | 45' | AquaDolça | Aquafont |
| 13:00h | 30' | Virtual Bodypump | Activfont |
| 13:45h | 45' | Spinning | Bikefont |
| 15:30h | 45' | Funcional | Activfont |
| 17:00h | 30' | Virtual Bodypump | Activfont |
| 18:00h | 30' | Funcional | Activfont |
| 18:30h | 30' | GAC | Activfont |
| 19:00h | 20' | Hipopressius | Activfont |
| 19:30h | 45' | Poolbike | Aquafont |
| 19:30h | 60' | Hatha-loga | Zenfont |
| 19:30h | 45' | T-Bow | Activfont |
| 20:00h | 45' | Spinning | Bikefont |
| 20:00h | 50' | Running | Exterior |
| 20:30h | 55' | Bodypump | Activfont |

DIVENDRES

| HORA | TEMPS | ACTIVITAT | ESPAI |
|--------|-------|------------------|-----------|
| 07:15h | 45' | Funcional | Activfont |
| 08:15h | 45' | Spinning | Bikefont |
| 09:30h | 45' | GAC | Activfont |
| 11:00h | 45' | Virtual Bodypump | Activfont |
| 12:00h | 30' | Virtual Bodypump | Activfont |
| 13:00h | 30' | Virtual Bodypump | Activfont |
| 13:45h | 45' | Postural | Activfont |
| 15:30h | 45' | Virtual Bodypump | Activfont |
| 18:00h | 45' | Tonificació | Activfont |
| 18:30h | 45' | Virtual Spin | Bikefont |
| 19:00h | 45' | Postural | Activfont |
| 20:00h | 45' | Spinning | Bikefont |

DISSABTE

| HORA | TEMPS | ACTIVITAT | ESPAI |
|--------|-------|------------------|-----------|
| 09:30h | 45' | Virtual Bodypump | Activfont |
| 11:00h | 45' | Spinning | Bikefont |
| 12:00h | 45' | Virtual Bodypump | Activfont |
| 17:00h | 45' | Virtual Bodypump | Activfont |
| 18:00h | 45' | Virtual Bodypump | Activfont |

Horaris Cal Font Wellness Centre:

- Dilluns a divendres: de 07:00h a 22:00h
- Dissabtes: de 09:00h a 20:00h